From: Keith Myers Sent: Thursday, March 1, 2018 8:14:55 AM Subject: LHC Group & Almost Family Merger Update

First, we both want to thank each and every one of you – at every position and in every location across the nation – for the hard work you continue to perform in service to our respective patients. This will always be our most important mission. Your dedication, determination, and skill has not waivered, and our shared vision remains clear as we move forward with the most significant event in the history of both organizations.

As our integration planning continues across all departments and workstreams, we wanted to take a moment to update everyone on our progress toward the anticipated closing of our merger on April 1 ... with "Day One" being Monday, April 2.

As you may have read in our recent press release, two weeks ago we crossed an important milestone – announcing the expiration of the waiting period under the Hart-Scott-Rodino Antitrust Improvements Act of 1976 ("HSR Act"). Without going into too much "legal speak," it's important to note this means we have satisfied one of the most important regulatory conditions to the closing of our pending transaction – great news!

In another important step, each of our two companies will be holding special shareholders meetings on March 29. These meetings and the respective shareholder proxy votes represent a final step in the merger of our two organizations.

Our senior leadership teams continue their hard work in preparation for "Day One" and beyond – working closely with Berkeley Research Group (our consulting firm), a highly respected leader in strategic advising, support, and coordination of merger/integration efforts for large organizations across many industries.

Our collective teams have made great strides in moving our plans forward, and had the opportunity to meet one another recently in Lafayette. It was a great opportunity to get to know one another, compare ideas and best practices, share our outlook for the future, and continue learning how much we really have in common with our new colleagues.

We know that some of you may have questions about how this transaction will affect your job, your location, and your patients. We want to thank you for your continued support, and let you know that we are preparing a comprehensive "Master" Frequently Asked Questions (FAQ) document that will represent the top questions and answers anticipated by each department. This document is in development and will be shared with everyone around mid-March and updated regularly thereafter.

In the meantime, if you have specific questions we encourage you to speak with your manager and/or submit them directly to the appropriate email and we'll respond accordingly. Almost Family employees: MergerQ@almostfamily.com; LHC Group employees: ASK.LHC@LHCGroup.com. As we move toward our goal of building a combined family of caregivers – and one of the nation's leading and most capable post-acute care providers – we want to once again thank you for your tireless efforts and support. We are truly looking forward to the great things we will accomplish together.

Sincerely,

Keith Myers Chairman and Chief Executive Officer LHC Group

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William B. Yarmuth Chairman and Chief Executive Officer Almost Family, Inc.

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